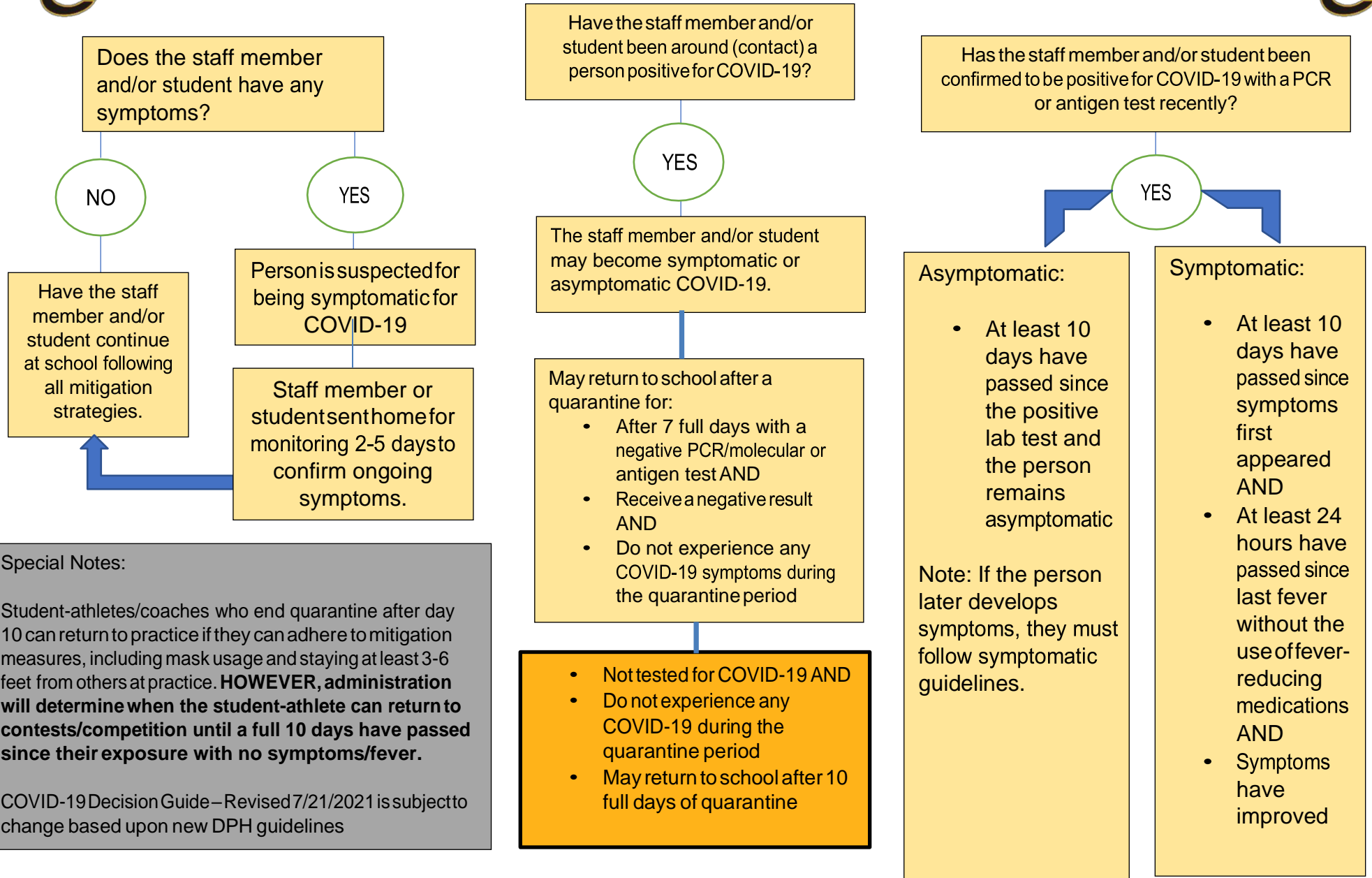


Return to School or Work After COVID-19 Exposure (Contact) or Illness (Case)



(Note: All decisions about returning to school/work will be made in the context of local circumstances, community transition rate, and monitoring protocols.)



Special Notes:

Student-athletes/coaches who end quarantine after day 10 can return to practice if they can adhere to mitigation measures, including mask usage and staying at least 3-6 feet from others at practice. **HOWEVER, administration will determine when the student-athlete can return to contests/competition until a full 10 days have passed since their exposure with no symptoms/fever.**

COVID-19 Decision Guide—Revised 7/21/2021 is subject to change based upon new DPH guidelines

Student-Athletes/Performing Arts Standing Protocol

GHSA approves local districts to implement the following return to practice/play and strongly encourage schools/school districts to work with your Department of Public Health when amending your Infectious Disease Plan.

Isolation of Cases

Symptomatic persons with confirmed cases may return to practice/play after:

- At least 10 days have passed since symptoms first appeared AND
- At least 24 hours have passed since last fever without the use of fever reducing medication AND symptoms (e.g., cough, shortness of breath) have improved

Asymptomatic persons with confirmed COVID-19 can return to practice/play after:

- At least 10 days have passed since the positive laboratory test and the person remains asymptomatic

Note: If an asymptomatic person who tests positive and later develops symptoms should follow the symptomatic guidelines stated above

Quarantine of Contacts

Note: A 14-day quarantine is safest and recommended but a person may return to practice/play by following the below criteria.

Asymptomatic persons who have a known exposure to a person with COVID-19 can return to practice/play:

- After 7 full days have passed, if: TESTED for COVID-19 after day 5 (PCR/Molecular or antigen test) AND receive a negative result AND do not experience any COVID-19 symptoms during the quarantine period
- After 10 full days have passed, if: Not tested for COVID-19 AND do not experience any COVID-19 symptoms during the quarantine period

(Lasted updated by GHSA 12/2020)

Vaccinated Students or Staff

The student or staff who is vaccinated, has been determined to be a **contact** to a positive case of COVID-19/Variant and **doesn't have any symptoms (asymptomatic)**



Not required to quarantine

Note: Must wear a mask while at school and continue to physically distance from others for 14 days and continue following all mitigation strategies

The student or staff has been determined to be a **contact** to a positive case of COVID-19/Variant and **have symptoms**



Required to quarantine

Note: Must quarantine for 7 to 10 days. Testing option after 5 days. If negative; may return to work and wear a mask while at school and continue to physically distance from others for the remaining 9 days and follow all school mitigation strategies

The student or staff has been determined to be a **positive for COVID-19/Variant and doesn't have any symptoms (asymptomatic)**



- Isolate for at least 10 days* after the positive laboratory test and the person remains asymptomatic
- Note, if you later develop symptoms, you should follow the guidance for symptomatic persons above.

The student or staff has been determined to be a **positive for COVID-19/Variant and does have symptoms**



- Must isolate for at least 10 days since *symptoms first appeared* and positive laboratory test
- At least 24 hours have passed since last fever without the use of fever-reducing medications and symptoms (e.g., cough, shortness of breath) have improved

Return to school and follow the school's mitigation strategies.